TEAM SELECTION PROCESSES

ITF TEAM COMPETITIONS

World Junior Tour, Junior Davis Cup, Junior Billie Jean King Cup



FAQS

HOW WILL THE TEAMS BE SELECTED? STEP 1:

Multiple factors are considered when selecting teams for Junior events, these are listed in the criteria which can be found by clicking **here**.

STEP 2:

A long list of 8-10 players meeting the above criteria and who are eligible for selection or future selection will be drawn up and these players will be invited to the first of three camps. The timeline of which is shown in the infographic below.

STEP 3:

After the completion of Camp 2, the team will be selected. Players who will be considered will be;:

- Players from the Camp 2 list
- Eligible Overseas players who have provided evidence of good health and fitness
- Players returning from injury (subject to passing the Camp 3 medical clearance). In the case they do not pass the non-travelling reserve will be selected in their place

HOW WILL THE PLAYERS BE SELECTED FOR CAMP 1?

A minimum of the top 8 players by ranking will be invited for 16U and 14U for the calendar year in which the events will take place for Camp 1. TNZ reserve the right to invite up to an additional two players. For example, TNZ may invite an older player of lower ranking, where a younger higher ranked player qualifies for more than one age group by ranking.

HOW WILL THE PLAYERS BE SELECTED FOR CAMP 2? (FEBRUARY)

The selection panel and team captain will select a maximum of 6 players to invite to the second camp, who are the eligible for 16U and 14U events in the calendar year will take place. See page 4 for info about what the camps will comprise of.

HOW WILL I KNOW IF I AM MEETING SELECTION CRITERIA?

In the camp reports the HP team will endeavour to provide as much information regarding objective factors which are considered for the selection.

This will include the following:

- Evaluation of training program and subsequent recommendations
- Evaluation of tournament schedule with provision of recommended tournaments and list of compulsory tournaments necessary be considered for selection
- Fitness testing report with any 'red flags' (a score

- below acceptable standard for team selection). This will be described in further detail within the reports. Recommendations on how to improve this will also be provided
- Physio screening report highlighting areas of injury risk and recommendations on how to rectify

WHAT DOES A PLAYER NEED TO BRING TO CAMP?

Must have:

- · Water bottles
- Electrolytes
- Tennis gear (2 outfits per day)
- Sweat towels
- Sweat bands
- · Rackets, strings, and grips
- Therabands
- Sunscreen
- Hats
- Tennis and running shoes
- · Supplements if applicable
- Any further requirements relating to accommodation will be communicated in the invitation email

Nice to have

- Foam roller
- Yoga mat
- Notebook

WHERE DO PLAYERS STAY DURING CAMP?

Camp 1 – Players from outside of Auckland will be billeted for the duration of their stay with a TNZ approved family

Camp 2 – Players will stay in accommodation with their team captain and a manager to familiarise them with the day-to-day life on tour (including travelling to and from courts, cooking and washing clothes etc).

Camp 3 – Same as above

WHEN DOES SELECTION HAPPEN?

Selection will take place after Camp 2, players' selection or non-selection will be communicated by email to all attendees of Camp 2. TNZ follows High Performance Sports New Zealand (HPSNZ) policy closely regarding 'Informal resolution first', whereby we welcome a phone call to discuss reasoning around non-selection.

Any appeals regarding non-selection please refer to our Appeals Policy which can be found **here**.

SELECTION DETAILS



WHEN Approximately the preceding November TNZ will bring together the long list camp for the ITF teams

WHO 8-10 players meeting relevant criteria as outlined in this document. Players based internationally will be invited to a zoom call to confirm availability to represent NZ.

WHERE 3-days at Albany Tennis Centre

WHY To create a positive & competitive training environment with the best players in the country, with a large focus on doubles. Players will also learn the best practices for hydration, on-court fueling and recovery practices in the heat (Asia is the first stop for NZ International teams). Players will complete comprehensive testing with physio screening, fitness and strength testing to identify physical strengths and work-ons for athletes to prioritise in their home environment. Lastly to provide transparency on the team selection process.



WHEN Around 2-3 months prior to the each event (ITF teams approx February). **WHO** 6 players will be selected by the selection panel and the team captain. This list could also include players who have recently met criteria (see Q2), returned from injury or overseas and is not solely limited to the Camp 1 list.

WHERE 3-days at Albany Tennis Centre (subject to change)

WHY To follow up on the testing from Camp 1 to assess players progress and address any injury/potential injury/fitness concerns which may preclude them from selection prior to the event. International players will be asked to provide evidence of current health and fitness status.



WHEN Within a week of completion of Camp 2 and/or no later than 6 weeks prior to the event

WHO 3 players plus 1 non-travelling reserve. These will be selected from Camp 2 short list, players returning from injury and those based internationally who are eligible and have sent evidence of being in good health

HOW This will be communicated by email to all those selected and not selected



WHEN Prior to departure for trip

WHO 4 Players: Selected team of 3 and 1 non-travelling reserve. If an overseas player is selected for the team, they will be asked to attain injury clearance from their physio. In this case, a 5th player will be invited to make up the 4 person training camp, but will not be an official part of the team.

WHERE Albany Tennis Centre

WHY Heat acclimation (if relevant), team building and final pre-departure tuneups. Physical maintenance programs to be given for players to complete whilst touring.

WHAT EACH CAMP COMPRISES OF

CAMP1

Tennis NZ Entry Questionnaire

Tennis training Fitness testing

CAMP 2

- Tennis training (Lots of doubles)
 - Fitness testing
- Physio screening
- Program and tournament

recommendations

- · Hydration, fueling & recovery practices
- Guest educational speaker

CAMP 3

- Tennis training
- Heat acclimation
- Physio medical clearance to travel

Physio re-evaluation of previously

Guest educational speaker Off court group activity

flagged areas

- Fitness: Trip preparation, education on team warmup and cooldowns, provision of maintenance travel programs if
- Team building activity

required