

MAPPING HISTORICAL & CURRENT COACHING COURSES



**COACH
DEVELOPMENT**

	CURRENT QUALIFICATIONS		HISTORICAL
COURSE	COACHING ASSISTANT COURSE		TCNZ ASSISTANT JUNIOR COACH
HOURS	24		15
MODULES	<ul style="list-style-type: none"> Responsibilities of the coach Key aspects of coaching The role of the coach Communication Appropriate behavior Group management Coaching Safety Coaching Methodology Learning Styles Coaching Styles Player Characteristics Feeding 	<ul style="list-style-type: none"> Tennis Hot Shots Competitions Blue stage tennis Red stage tennis Orange stage tennis Green stage tennis 	<ul style="list-style-type: none"> Basic tennis strokes (Swing Patterns) Drills and feeding Basic Strategy and Tactics Introduction to modified games Tennis Rules and officiating Diagnosis and correction Lesson planning and games with groups Pactical Teaching

COURSE	JUNIOR DEVELOPMENT (ITF LEVEL 1)		TCNZ PROFESSIONAL CLUB COACH
HOURS	128		21
MODULES	<ul style="list-style-type: none"> Roles of the Coach Responsibilities of the Coach & Coach Framework Contemporary Coaching Practice Fundamental and perceptual motor skills Developmental Readiness of Blue stage players Developmental Readiness of Red stage players Developmental Readiness of Orange stage players Developmental Readiness of Green stage players Coaching Green Stage Players - Grips, Swing Phases, Tactical & Technical Fundamentals Doubles Tactics & Activities Private & Semi Private Lesson 	<ul style="list-style-type: none"> Feeding balls Becoming a Lifelong Learner Cardio Tennis and Coaching Adults Officiating and Competition Delivery First Aid Course** Tennis Hot Shots Competitions Hot Shots Competencies Coaching Blue Stage Players Coaching Red Stage Players - Grips, Swing Phases, Tactical and Technical Fundamentals Schools Tennis Women and Girls in Tennis Managing Conflict Inclusive Coaching Coaching Orange Stage Players - Grips, Swing Phases, Tactical & Technical Fundamentals 	<ul style="list-style-type: none"> Understanding Swing Patterns Feeding and drills Lesson planning for Individuals and groups Practical teaching Teaching Tennis Technique Analysis and correction Strategy and tactics Holiday programmes and tournaments Rules and officiating Pro-shop and club management Hitting Test C. A. D. S. course (Coaching Athletes with Disabilities) First Aid Course
ASSESSMENT TASKS	On-court - Plan, deliver and reflect a Red Stage Assessment* On-court - Plan, deliver and reflect a Orange Stage Assessment* On-court - Plan, deliver and reflect a Green Stage Assessment* Two Technical Analysis Quiz (90% pass score) Rules & regulations online quiz Personal Management Plan Risk register and assessment 40hr Coaching log with supervising coach (JDC qualified for 2 years)		Log book of 100 hours coaching under tutor / mentor coach

COURSE	CLUB PROFESSIONAL (ITF LEVEL 2)		TCNZ COMPETITION COACH
HOURS	160		26
MODULES	<ul style="list-style-type: none"> Coaching Practices & methodology Advanced Tactics BIOMECH Principles Advanced Movement Prepare to manage a business Identify risk and apply risk management processes Manage personal well-being Biomechanics of the Forehand Biomechanics of the Backhand Biomechanics of the Serve Biomechanics of the Return of serve Biomechanics of the Volley Variation Transition & net play Provide parent engagement and education Doubles Tactics Plan social Play Patterns of Play Advice about equipment 	<ul style="list-style-type: none"> Plan programs and competitions Inclusive Coaching First Aid Course** Electives - Minimum of 6 required to complete course <ul style="list-style-type: none"> Prepare a small business plan Conduct a tennis event Coach high performing players aged 8-13 years Analyse stroke production of high performing junior players Analyse matches and plan for improvement Implement physical conditioning activities Support players to develop psychological skills for tennis Support players to prevent injuries Provide nutrition information to players Manage and develop staff Prepare a marketing plan Develop a business website 	<ul style="list-style-type: none"> Teaching competition technique & movement Personal Development – written Applied Sport Science Exercise Physiology Applied Sport Science- Biomechanics Applied Sport Science- Sport Psychology Teaching tactics & Game Plans Communication Development of competition coaching Programme & National Event Preparation Player Development programme Design a programme Summary & question time First Aid Course
ASSESSMENT TASKS	3 x Coach feeding assessments 10 x coach playing capability On-court - Plan, deliver and reflect a Semi-Private session On-court - Plan, deliver and reflect a Individual session On-court - Plan, deliver and reflect a advanced group session Advanced Technical Analysis Quiz (90% pass score) TA technique App technical interventions - Serve 40hr Coaching log with supervising coach (CP qualified for 2 years) WHS report and assessment Re-grip and Stringing assessment Business management assessment		1 hr On-Court group or individual Pass with 50% competency